



## Kids at Hope Three Universal Truths & High Five Practices

### Three Universal Truths:

1. WE BELIEVE – Children succeed when they are surrounded by adults who believe they can succeed, No Exceptions.
2. WE CONNECT – Children succeed when they have meaningful and sustainable relationships with caring adults.
3. WE TIME TRAVEL – Children succeed when they can articulate their future in four domains rather than one, (which is generally Education & Career): Home & Family, Education & Career, Community & Service, and Hobbies & Recreation.

*The five most powerful practices that support the Three Universal Truths are called the High Five Practices.*

### High Five Practices:

1. BELIEF– Surrounding children with adults who believe *all children are capable of success, No Exceptions!*
2. PLEDGE – Reciting the Kids at Hope Pledge demonstrates the power of positive self talk.
3. REPORT CARD – Validating and documenting the multiple intelligences of children which leads to developing their full POTENTIAL.
4. PASSPORT TO THE FUTURE – Offering all children the opportunity to “mental time travel” to their future through four domains which leads to HOPE for their future.
5. ACES TRACKING – validating and documenting that all children are indeed connected to one or more caring adults in a meaningful and sustainable manner.

For More Information visit [www.kidsathope.org](http://www.kidsathope.org)